

# PRINCIPAL'S REPORT

# Newsletter No 6 - 2020

### Term 3 Ends

It has been a long and challenging term for all students and for staff but it's great to see that COVID numbers have reduced considerably and there is a staged return to school for students next term.

I can't stress enough how important it is that all students and particularly those doing practical subjects in the Trades and Technology or areas like Sound Production make sure that they use the holidays to catch up on any written work. On their return we want to be able to have them working in the workshops as much as possible to make sure they can complete all the various outcomes required to complete their VET units.

# General Achievement Test for Year 12 VCE students

This is being held on <u>Wednesday 7<sup>th</sup> October</u>, from 10am to 1.15pm for VCE students studying any scored units 3/4 VCE or VCE-VET subjects. This year, the GAT will play a more important part in moderating student assessments than it has done in the past. VCE students have been sent an email from Michelle Andrews & Robbie Grant providing detailed information about the GAT and the online Zoom session on Wednesday 23<sup>rd</sup> September to familiarise students with the GAT and how to answer questions.

# Scheduled return of students to school

## First week back Monday 5th October

Monday and Tuesday - Remote learning continues, no students on site.

This is because DET wants the GAT to proceed with minimal risk of any school closures.

# Wednesday 7th October

- GAT exam starts at 10am -Year 12 students and any Year 11 student doing a VCE Year 12 scored subject does the GAT - to be held in the Auditorium:
- ALL VET classes will run as normal EXCEPT for Units 1&2 of Sport & Recreation which will still run online and Music & Sound Production which cannot run because we are running the GAT in the auditorium.
- Internal NCAT VET Unit 3&4 Performance students can do VET Music Performance from 2pm as can Sport & Recreation Unit 3&4 students.

### Thursday 8th & Friday 9th October

- VET to run as normal
- Pre-App classes to run as normal including Lit/Num/PDS/WRS
- Year 11 & 12 Practical classes to run as normal ie-St Art/Vis Com/Prod Design/Dance/Music/Sound Prod
- Tertiary classes (Certificate & Diploma) as normal
- Year 10 still working remotely

### WEEK 2 12th Oct onwards

- Year 11 and 12 classes as normal;
- Year 10 doing any VCE or VET to attend classes
- VET as normal Wed & Thurs
- Post-secondary as normal
- Year 10 still working remotely.



NCAT students at school in time of COVID



# Mental Health Services

Please note that Leanne Peros and Shayne Johnston, our Youth Support Team, will be unavailable during the holidays as they take a well-earned rest. We have listed all the mental health services and their phone numbers in this newsletter. Please seek support if you need it.

# **Online Information Evenings**

Thank you to the many staff who worked so hard to put together a whole series of online information evenings and to the students who participated in online interviews for the sessions. Originally, we planned to pay a company to come in for filming at the beginning of Term 3. However, with the school closure for COVID and then the Stage 4 lockdown this did not eventuate and we had to do everything in-house with magnificent results!







Everything came together over 3 weeks and we ran a whole series of online sessions: one for Year 10 with about 70 families online, one for Years 11 & 12 with 90 families online, Tertiary sessions for Music, Folio/Create, Photography and Guitar making, and Specialist areas for the Performing Arts, Visual Arts and Technology. You can see from this list the mammoth task it was putting these together: videos, interviews with students, display work and then run the sessions live with various people speaking. These will soon be available on the NCAT website so if you know of anyone interested in coming to NCAT please refer them to these videos.

As part of the information evenings, a one minute overview and 3 minute overview videos were produced and put together to showcase the college. A big thank you to Mason Peart (Year 11 VCAL General student) who was commissioned to put the videos together and did a most professional job, ably supported by Mark Russell and Natasha Stamos. The second video also features an original piano composition and performance by Mat O'Connor (VCE Year 12 student). Below are links to the two videos:

NCAT IN A MINUTE: https://www.youtube.com/watch?v=T1NxNBur4nk&authuser=1

NCAT COLLEGE TOUR 3 MINUTES: https://www.youtube.com/watch?v=xcauWiKV82c&authuser=1

I hope everyone has a refreshing and lovely break. I look forward to the staged return of students and staff next term. The school has been very empty without them.

Raffaela Galati-Brown PRINCIPAL

# **CALENDAR OF COMING EVENTS**

Friday 18<sup>th</sup> September Term 3 ends Monday 5<sup>th</sup> October Term 4 starts

Wednesday 7<sup>th</sup> October GAT Exam, VET for all students except Sport & Rec Units 1 & 2 and Music

Performance/Sound Production

Monday 12<sup>th</sup> October All Year 11 and 12 classes back as normal

Wednesday 21st October School Council Meeting

Friday 23<sup>rd</sup> October 'THANK YOU DAY' Public Holiday – no classes for students

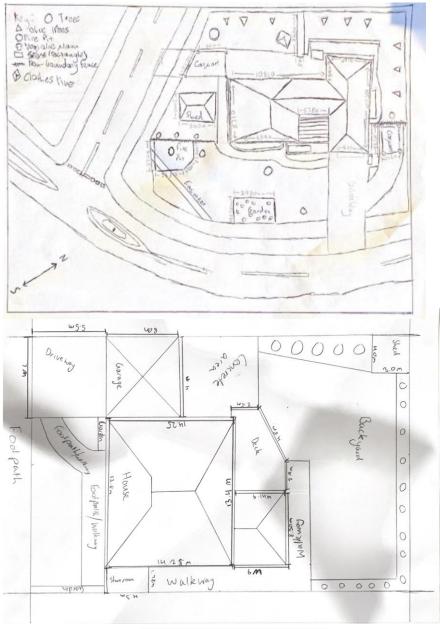
Thursday 29th October Celebration day for Year 12 students

Tuesday 3<sup>rd</sup> November Melbourne Cup Public Holiday - no classes for students

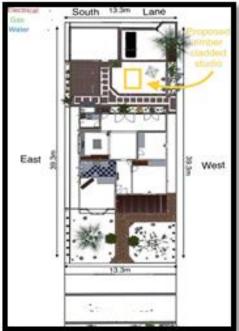
# **Term 3 in Building and Construction**

It has been an exciting Term 3 for senior Building and Construction students where they have utilised their surveying, measurement and designing skills at home to complete some practical assessments. Students were asked to venture outside to survey and measure the property where they live to create a detailed site plan of their building envelope.

Below are some examples of the high standard of work these students are producing.









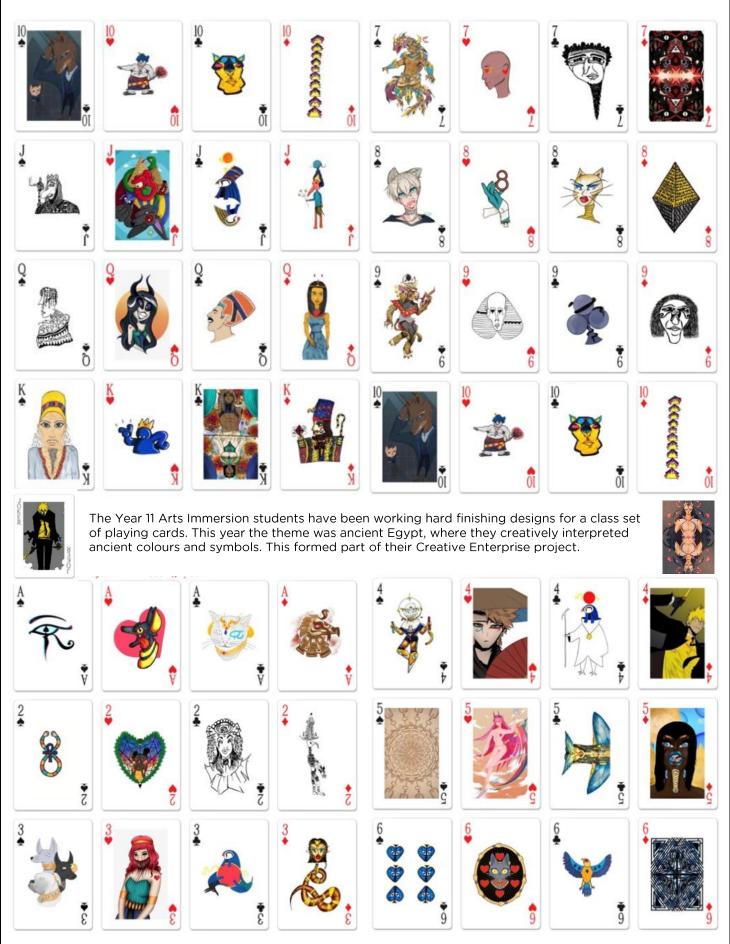






Nick Di Fabio - BUILDING & CONSTRUCTION TEACHER/ PRE-APP CO-ORDINATOR

# **Year 11 Arts Immersion**



We think you will agree, the designs are beautiful!

Dani Joughin - NCAT ART IMMERSION

# **Sound Production in Lockdown**

Unit 3&4 Sound Production students have been making use of the auditorium during lockdown to film some socially distant live recordings of Certificate III bands that will be streamed online as part of **Couchfest** next term.







Pictured (top left to right):

**Bianca Hirschfeld** setting up monitors for the bands to hear themselves. **Jerome Azarcon** and **Blake Draper** plugging in microphones to record drums. **Charlie Hobson** and **Ethan Ng** are at the mixing console, sound checking a band before they record.

Zac Lister NCAT Sound Production

# 'Dear Dexter...'

An advice column, where Dexter answers your most important questions.

### Dear Dexter.

Even though we will be coming back to school soon after the holidays (in some capacity), and that REALLY cheers me up, I'm still feeling quite stressed at times. Maybe I'm not getting enough exercise – any suggestions? **Anonymous – VCAL** 



# Hi Anonymous!

It is proven that exercise is imperative for your physical and mental health. I recommend fast circular running in a muddy paddock for 40 minutes a day, but if you're stuck inside, try a session of Doga. This really helps to stretch out muscles and build strength by holding positions for a long time. You will need a human bed. (If you use a foam Yoga mat, you'll just be tempted to chew it and will probably ruin it, and get into trouble.) I will share with you my favourite workout:

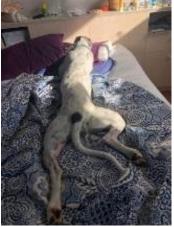


Start with a gentle neck stretch: 'The Giraffe' (I've been teaching my friend Luna at the muddy paddock – she doesn't get it really...)



Follow up with an arm stretch, including teeth exposure: 'The Freddie Mercury'





Then you should concentrate on your hips: 'The Half-Sploot' (remember to do both legs)





Then a whole body position: 'The Hog-Tie (Stretched and Tucked)



And finish it off with something coquettish: 'The

Draw-me-like-one-of-your-French-girls' (this is also good as a warm down, or if you really can't be stuffed doing any of it...)

I guarantee that you will feel better after this Doga session. It works for me every time - I am absolutely NEVER stressed.

Hang in there peeps, Woof! Dexter the Moon-dog

Send your questions to 'Dear Dexter' at: shelley.scown@education.vic.gov.au



# Mental Health Services and Support

# **Beyond Blue**

24/7 mental health support service

# headspace

Online support and counselling to young people aged 12 to 25

1800 650 890 (Sam-1am daily)
For webchat, visit: headspace.org.
au/eheadspace

# **Kids Helpline**

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

# 1800RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

# Lifeline

24/7 crisis support and suicide prevention services

# Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

# Mensline

24/7 counselling service for men

# QLife

LGBTI peer support and referral

1800 184 527 (6pm-10pm daily) qlife.org.au (online chat 3pm-12am daily)

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.







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Banyule Youth Services acknowledges that these events will be held on the land of the

Banyule Youth Services acknowledges that these events will be held on the land of the traditional owners, the Wurundjeri Woi-wurrung people of the Kulin nation. We pay our respects to their elders and leaders - past, present and emerging.



# SPRING ZOOMFEST Saturday 12 Sept

4-6pm

Join some of Banyule's local DJ's for a special 2 hour live DJ event. Featuring Riley Morrissey, Chewings, Noah P & Thomohawk who will be bringing you the latest local EDM tunes. **Bookings:** call or text Simo

**Bookings:** call or text Simo on 0435 134 443 to get the zoom link.

ALL AGES

FREE - ONLINE

# "WEREWOLF" GAME Monday 21 Sept

2-4pm

Your village is under attack by werewolves! Can you find them before they take over or are you one of them, hunting the village folk in secret during the night? Game designer Ben McKenzie runs the classic social deduction game & gives you tips on other social & party games.

**Bookings:** call or text Lisa on 0427 833 321

AGES: 12-18 yrs FREE – ONLINE

# HOME RECORDING WORKSHOP (Jets Mix Tape)

# Tuesday 22 Sept

12noon-2pm

Jets engineers will teach you how to make a home recording using different software, including Ableton, Protools & Reaper. Learn how you can be involved in the Jets Mix Tape too. Limited spaces.

Bookings: text Jets on 0411 267 427 to book AGES: 12-25

FREE - ONLINE

# LGBTIQ+ ART VIBES

Wednesday 23 Sept

2-3pm

A fun art session for LGBTIQ+ young people, friends & allies. Full of imagination, art games & playful techniques. All are welcome - whether you are an artist or just wanting to have a go.

**Bookings:** call or text Richo on 0402 389 862 AGES: 14-24

FREE - ONLINE

# ROLE PLAYING GAMES WORKSHOP

Saturday 26 Sept

2pm - 4pm

For those who are interested in knowing more about Role Playing Games. You have a choice of

"Character creation" or "Basics of being a Games Master".

**Bookings:** call or text Lisa on 0427 833 321

AGES: 12-25 FREE - ONLINE

# WELLBEING WORKSHOP

Tuesday 29 Sept

1-3pm

Learn about taking care of your wellbeing during this time. Bullet journaling, keeping a routine, staying busy at home, body image & mental health will be part of this fun workshop!

**Bookings:** call or text Kate on 0481 003 524

AGES: 12-25 FREE – ONLINE

# **DUNGEONS & DRAGONS**monthly session

Saturday 3 Oct

2pm - 4pm

Join in our monthly D&D session, where we can set you up with a character and go on our facilitated quest with experienced Game Masters.

You must book in by 26<sup>th</sup> Sept if you want to play!

**Bookings**: call or text Lisa on 0427 833 321

AGES: 12-18
FREE - ONLINE

# ALL EVENTS ARE ONLINE!!!!

Check out more activites & free stuff to do on our Youth Portal at

http://banyuleyouth

youth-portal